

# DUKE DIABETES DAY

## APRIL 24, 2010

Sherwood Githens Middle School  
4800 Chapel Hill Rd. Durham, NC 27707

9:30- 10:00	Registration	
10:00 -10:10 am	Welcome	Michael Freemark, MD Jean Litton, RN, CDE
10:10-11:00 am	Pumping 101 Continuous Glucose Sensing <i>*Advantages and Disadvantages</i> Type 1 Diabetes <i>*Adolescence and Transition to Adulthood</i> Improving Your Cholesterol Levels with Functional Foods	Jean Litton, RN, CDE Camille Izlar,, RD,CDE Dorothee Newbern, MD Patricia Andrews, RD,CDE
11:05-11:55 am	Celiac Disease and Diabetes Progression of type 2 diabetes Making Your Pump Work Smarter -Not harder Diabetes Emergencies <i>*Identifying and treating</i>	Michael Freemark, MD Martha Faris, cPNP Laura Hite, RN, CDE Nancie MacIver, MD,PhD
11:55- 12:40 pm	Lunch	
12:40-1:30 pm	Gluten Free Diet and Celiac Disease Diabetes Complications Advanced Carbohydrate Counting Diabetes Emergencies <i>*Identifying and treating</i>	Patricia Andrews, RD, CDE Robert Benjamin, MD Susan Chappell-Witt, RD, CDE Nancie MacIver, MD,PhD
1:30-2:20 pm	Working with School Personnel Sports and diabetes Continuous Glucose Sensing <i>*Advantages and Disadvantages</i> Diet Guidelines for Type 2	Kristina Graham, MSW,LCSW, CDE LeVar Johnson, Diabetes Life Coach Camille Izlar, RD, CDE Mona Griffis, RD

### Guest Speaker

2:25 – 3:15 pm

**Joe Solowiejczyk, RN, MSW, CDE**

**Family Dynamics and Diabetes Management in Children and Adults**

Joe is the Clinical Manager of Counseling & Presentations for Animas Corporation, a Johnson and Johnson Company. A healthcare professional who has lived with Type 1 diabetes for over 40 years, Joe is able to translate his personal experiences into patient care. As a nurse, diabetes educator and family therapist, he specializes in assessing how family dynamics impact the management of diabetes and designs interventions that result in more effective coping and optimal metabolic control.

**\*\*\*\*\*Joe is the guy who gets it\*\*\*\*\***

3:15 pm

**Final Announcements and Awards/ Prize drawings**

***MUST BE PRESENT FOR PRIZE DRAWING TO WIN!!***

***Ongoing Events 10:10-11:55 and 12:40-1:30***

Ask the Doctor

Ask the Dietician

Research

Emergency Situations

Hemoglobin A1C

Field Day

Diabetes Games

Poster Contest

Child Care

Information/Vendor Stations

**Information Stations and Poster contest . Visit activities or information stations and receive ticket punch at each one. Get a free Duke Diabetes Day t-shirt while supplies last.**