



Thank you for your interest in the Student Internship Program with the Child and Adolescent Life Program at Duke Children's Hospital. Our internship program is offered three times a year: January – April; May – August; September – December. **In order to be considered for an internship, students must successfully complete a child life practicum prior to the commencement of their internship. Students must be affiliated with an academic institution for the duration of their internship.** Students are supervised by certified Child Life Specialists.

Enclosed you will find a description of our internship program and a brief application form. Your application packet must be postmarked by the following dates for 2012:

January 5 (Summer)

May 5 (Fall)

September 5 (Spring)

In order to be considered for a student internship a completed application includes:

1. The completed [Common Internship Application](#) located on the [Child Life Council](#) website.
2. A 200 - 500 word essay describing your philosophy of Child Life, the strengths you will bring to an internship, areas in which you would like more growth, and how you envision an internship experience will contribute to your professional goals.
3. Two letters of recommendation (preferably one from someone who knows your academic qualifications and one from someone who has supervised or observed you in a field experience).
4. A cover letter from your academic advisor that clearly states what academic credit you will receive.
5. A current official copy of your transcripts from any school attended.

It is the applicant's responsibility to solicit the recommendations and official transcript. Upon receipt and review of the **completed** application, the Internship Coordinator will be in contact with the applicant. On-site personal interviews will be conducted following the application review process. Only completed applications will be considered for review.

Please return your completed application and materials to:

Student Internship Coordinator
Child and Adolescent Life Program
Duke Children's Hospital
Box 3417
Durham, NC 27710
Sincerely,

Michelle Ashford, CCLS & Jessica Palumbo, CCLS
Co-Coordinators, Student Internship Program

DUKE CHILDREN'S HOSPITAL
Child and Adolescent Life Program
Student Internship Program

The Child and Adolescent Life Program at Duke Children's Hospital was established in 1969. Child Life Specialists work as part of the interdisciplinary health care team collaborating with nurses, doctors, social workers, school teachers, respiratory therapists, physical and occupational therapists, dieticians, chaplains and other technicians providing comprehensive quality patient care. It is the mission of the Child and Adolescent Life Program to provide all pediatric patients and their families, both inpatient and outpatient, access to Child Life services.

The Child Life staff consists of seven full-time and two part-time specialists with Bachelor and Master degrees in a variety of fields including Child Life, School Psychology, Education, Child Development, Recreation Administration, Counseling Psychology, Psychobiology and Social Work. Child Life services are currently provided in nine areas including: 5100 Inpatient Unit (Hematology/Oncology, Allergy/Immunology, Infections Disease, Rheumatology, Endocrinology, Neurology, Plastics and General Pediatric Medicine); 5200 Inpatient Unit (Pediatric Bone Marrow and Stem Cell Transplant Unit); 5300 Inpatient Unit (Cardiology, Pulmonary, Critical Care Medicine, Urology, Orthopedics, Neurosurgery and Gastroenterology); 7700 Short stay Inpatient Unit; PICU (Pediatric Intensive Care Unit); PCICU (Pediatric Cardiac Intensive Care Unit); Pediatric Specialty Clinics (Outpatient clinics serving 26 subspecialties); Pre-operative Screening Unit; Pediatric Emergency Department.

Child Life Specialists strive to meet the psychosocial and emotional needs of pediatric patients and their families, helping the child cope constructively with the stress and anxiety experienced in the health care environment. Specialists also promote the pediatric patient's normal growth and development before, during and after hospitalization or outpatient clinic visits. These primary goals are achieved in a variety of ways including, but not limited to: providing developmentally appropriate therapeutic play opportunities both in the group setting in the playroom and on an individual basis; psychologically and emotionally preparing children and families for medical/surgical and diagnostic procedures; advocating for the needs of children and their families in the health care setting, providing emotional support to patients, parents and siblings, and helping to maintain a child and family friendly environment.

DUKE CHILDREN'S HOSPITAL
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The student internship program at Duke Children's Hospital is an unpaid 15 week, 600 hour program. During this time, students are supervised by certified Child Life Specialists. Internships are offered in the fall, spring and summer. Students should be enrolled in degree programs in Child Life, Child Development, Family Studies or a related field.

Internships are designed according to the following fifteen week schedule:

Week 1:	Orientation
Weeks 2-8:	First Rotation
Weeks 9-15:	Second Rotation

During the orientation week, students will shadow each of the Child Life Specialists on staff. This will afford all students the opportunity to learn more about the various inpatient and outpatient areas where Child Life services are provided. During this week students will be asked to indicate their preferences for an inpatient and outpatient rotation.

Beginning week 2, students are assigned to a seven week rotation based upon their preferences and availability. A brief description of rotations is included, along with student responsibilities and expectations. Students are expected to complete an inpatient rotation and an outpatient rotation.

DUKE CHILDREN'S HOSPITAL
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Rotations

During the interview process students will be given a selection of rotation options for their internship. The student coordinators will try to accommodate student preferences for rotations.

Inpatient Settings

Intensive Care Areas: Pediatric Intensive Care and Bone Marrow/Stem Cell Transplant Units. PICU has a total of 20 beds, PBMTU has 16 beds and PCICU has 15 beds. All units provide care for patients age infants – adolescents. The transplant unit is considered an intensive care isolation unit.

5100 Inpatient Unit: 31 beds, infants–adolescents. Hematology/Oncology, Allergy/Immunology, Pediatric Surgery, Infections Disease, Rheumatology, General Pediatrics, Plastics.

5300 Inpatient Unit: 31 beds, infants-adolescents. Pulmonary, Neurosurgery, Cardiology, Urology, Orthopedics, Gastroenterology, PICU Step Down beds.

7700 Inpatient Unit: 12 beds, infants-adolescents. This unit is a short-stay unit for patients who require an admission ranging from 24-72 hours. Patients also under the care of the transplant service are cared for on this unit.

Outpatient Settings

Pediatric Outpatient Clinics – 26 subspecialty clinics, infants – adolescents.

Pre-operative Screening – Outpatient clinic for pediatric patients ages infants – adolescents who are scheduled for surgery at DUMC. Child Life provides pre-op teaching and preparation for the children and their families. When it is appropriate, Child Life also follows up with patients and families after their procedures.

Pediatric Emergency Department – An 18 bed level 1 trauma center providing care for patients ages infant- adolescent. Child Life provides pre-procedural preparation and procedural support to all patients in this area and also provides coverage to all pediatric traumas.

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Intern Responsibilities and Learning Experiences

- Direct Clinical Patient Care
Students will:
 - provide therapeutic play activities for both groups of children in the playroom setting and individual children at the bedside or in outpatient clinic.
 - provide pre-procedural and/or preoperative teaching for both inpatients and outpatients.
 - observe and assist with medical play with children in the group setting and on a one-to-one basis.
 - provide procedural support for patients in the inpatient and outpatient setting.
 - provide emotional support and education for caregivers of pediatric patients.
 - provide emotional support and education for siblings of pediatric patients.

- Other Clinical and Professional Skills
Students will:
 - enhance charting skills – writing objective observations, assessments and recommendations in patient's medical record.
 - participate in patient care conferences as necessary communicating the psychosocial and emotional needs of the patient to the interdisciplinary team members.
 - complete an individual student project, a group administrative project and a case study.
 - keep a daily journal reflecting on child life interventions provided for patients and families, specialized needs of children in the health care setting, and personal goal for the internship.
 - attend and participate in weekly student seminars provided by certified Child Life Specialists.
 - occasionally attend and participate in bimonthly child life staff meetings.
 - supervise college and community volunteers.
 - observe and lead special events and coordinate special visitors coming to the hospital.

CHILD LIFE STUDENT OFFICE: 919.668.4969